



TBi RULES OF THE ROAD

Approved by the TBi Executive Committee - Published 09/08/03

Team Bicycles, Inc (TBi) is an organization to develop and promote safe cycling in and around the North Texas area for all forms of bicycle road racing, fast recreational riding and track racing.

Preparation, training and common sense are what make bicycling safe. Whether you are new to cycling or an experienced rider, knowing these safety rules and tips will make your ride safer and more enjoyable. When you ride a bike in traffic, you are a driver. You have the same rights and responsibilities as the driver of an automobile.

All TBi members are expected to observe the following **TBi RULES**:

- All TBi Team Members are to be excellent ambassadors of the Team and it's Sponsors whenever wearing the Team Kit or on club rides.
- All TBi Team Members are expected to operate their bicycle in a safe and courteous manner.
- The use of foul language, aggressive/dangerous riding, and/or discourtesy to other participants or observers is not allowed.
- All riders must wear helmets.
- The use of Time Trial bars in a pack is not allowed. (Aerobars are still allowed to be attached to your bike and used while riding alone, but the use of aerobars in or around a pack is not allowed).
- NEVER wear headphones while riding.
- Do not draft behind motor vehicles.

ENFORCEMENT

All TBi members are empowered to counsel other riders for violating the rules of the road as outlined above. If anyone witnesses another rider violating these rules, the offender should be counseled at the time of the violation. In the event an occurrence of "counseling a rider" is reported to the Executive Committee, it should be done either verbally or in writing within one week of the occurrence.

The Executive Committee is expected to maintain a record of these reported violations and review these occurrences for their validity. If the Executive Committee determines the report legitimate, the following will apply:

- First occurrence – verbal warning.
- Second occurrence - written warning.
- Third occurrence – suspension from all club organized activities for one month, to include, but not limited to training rides, Club Championship Series, team meetings.
- Fourth occurrence - expulsion from the team.

TBi members found to have exhibited behavior that is determined unsafe by the Executive Committee will be notified of this decision in writing within one week.

Additionally, these rulings will be added to each meetings agenda for announcement to the club and will be included in the meeting minutes. Anyone warned/suspended/expelled by the Executive Committee for unsafe or discourteous behavior should understand their name may be announced at a meeting.

APPEALS

TBi members who are found by the Executive Committee to have violated the rules of the road have the right to appeal the decision. These appeals must be in writing and should be presented to the Executive Committee within one week of receiving the written decision. The Executive Committee is obligated to review the appeal before making the “final” determination and/or applying the penalty.

ADDITIONAL SAFE RIDING TIPS

- Ride on the right, with traffic, a couple of feet from the edge.
- Ride in a straight line, don't weave.
- When passing another rider, look back to be sure it is clear and signal. When passing another cyclist, yell out “ON YOUR LEFT”. When you hear someone calling out “On your left”, do not turn around. Hold steady on course and ride straight.
- Glance back often, always before moving right or left.
- Warn automobile traffic when stopping or turning by giving appropriate hand signals. Try to make eye contact with drivers before turning.
- Keep clear of road-edge hazards such as trash, drains and parked vehicles. Point out hazards to your fellow cyclists following you by pointing.
- Watch out for sand and gravel.
- Cross railroad tracks at a right angle.
- Talk to your fellow cyclists. Let them know “CAR BACK”, “PASSING ON YOUR LEFT”, or “STOPPING”.
- When stopping to rest, get off the pavement.
- Ride friendly and defensively.

DEALING WITH OTHER ROAD USERS

On a straight stretch of road with little traffic, motorists can easily and safely change lanes to overtake a cyclist. On a narrow road or with heavier traffic, be courteous! When possible, pull into a single line well before cars reach you. Call out, “CAR BACK” to let other cyclists know its time to single up. Never ride two abreast on a hilly or winding road because you must change lane positions frequently according to sight lines and traffic conditions.

When preparing a lane change or turn, YOU ARE YOUR OWN LOOKOUT. Look out for cars, or other bicycles approaching from the rear just the same as when you ride alone. Look left and right for traffic at stop signs—don't blindly follow the rider ahead of you into an intersection. And when you stop to rest, remember to pull completely off the road.

RIDING IN WET WEATHER

Braking technique is different when the road surface is slippery or if you are turning. Under these conditions, the front wheel can skid. You must brake lightly and use the front brakes less. In wet weather, the streets can be slick, and so will your rims. Dry the rims by applying the brakes AHEAD of time. It can take 100 feet or more before the brakes begin to work normally. In the rain, pay special attention to metal and slick surfaces such as manhole covers, painted traffic markings, wet leaves and oil slicks; they are all especially slippery. Avoid these spots, or ride over them slowly, being careful not to turn, brake or accelerate. Be ready to put a foot down for balance. Avoid riding through puddles if you cannot see the bottom—a puddle can hide a nasty pothole. When you get home, it's a good idea to re-lubricate your bike chain to help prevent it from rusting.